

Patient _____ DOB ____/____/____ Date of Surgery ____/____/____



SURGERY WOUND CARE

Providers: Brett A. Austin, MD + Artis P. Truett, MD

WOUND CARE INSTRUCTIONS

1. Once a day, clean the wound with gentle soap and water.
2. Apply a thin layer of SKNV antibiotic pain-reliever ointment, Vaseline or Aquaphor. The SKNV ointment is available for purchase.
3. Cover with a clean dressing

DO NOT REMOVE THE SURGERY BANDAGE FOR 7 DAYS OR UNTIL INSTRUCTED _____

Following your surgery:

PAIN: For pain, you may alternate acetaminophen and ibuprofen. Take two (500mg) acetaminophen (e.g. Extra Strength Tylenol) every 8 hours. Take 3 ibuprofen (200mg) (e.g. Motrin, Advil) every 8 hours. Alternate the ibuprofen and acetaminophen every 4 hours. If you have been advised to avoid these medicines, then speak with the staff about a substitute.

BLEEDING: Bleeding can occur following surgery. We ask that you...

1. Take it easy for the next few days. Limit activities. No heavy lifting, stooping, bending, or anything that would elevate your heart rate. This could cause bleeding to occur.
2. If bleeding occurs through the bandage, do not remove the bandage. Hold constant pressure for 20-30 minutes. If it continues to bleed or any other problems arise, please call the office at (270) 685-5777.

SWELLING: Swelling can occur and is normal. To reduce the amount of swelling:

1. Apply an ice bag for 10-15 minutes every hour that you are awake.
2. Keep your bandage dry.
3. Keep the affected area elevated for the first three days. Sleep with an extra pillow if the surgery is on the face or scalp.

INFECTION: Wound infections can occur several days after the surgery up until several weeks after the sutures are removed. Signs of infection include fever, pain, swelling, weeping, or drainage. Call the office if there are any concerns.



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Patient _____ DOB ____/____/____ Date of Surgery ____/____/____



SURGERY WOUND CARE

Providers: Michael J. Crowe, MD

WOUND CARE INSTRUCTIONS

Perform the following once every other day or every third day:

1. Clean the wound with gentle soap and water ONLY.
2. Apply a thin layer of SKNV antibiotic pain-reliever ointment, Vaseline or Aquaphor. The SKNV ointment is available for purchase.
3. Cover with a bandaid

DO NOT REMOVE THE SURGERY BANDAGE FOR _____ HOURS OR UNTIL INSTRUCTED

Following Your Surgery:

PAIN: Tylenol or Extra Strength Tylenol can be taken for pain. Do not take any additional aspirins or ibuprofen.

BLEEDING: Bleeding can occur following surgery. We ask that you...

1. Take it easy for the next few days. Limit activities. No heavy lifting, stooping, bending, or anything that would elevate your heart rate. This could cause bleeding to occur.
2. If bleeding occurs through the bandage, **DO NOT** remove the bandage. Hold constant pressure for 20-30 minutes. If it continues to bleed or any other problems arise, please call the office during business hours at (270) 685-5777 or Dr. Crowe's cell phone at (270) 222-7693.

SWELLING: Swelling can occur and is normal. To reduce the amount of swelling:

1. Apply an ice bag for 10-15 minutes of every hour that you are awake.
2. Keep the affected area elevated for the first three days. Sleep with an extra pillow if surgery is on the face or scalp.

INFECTION: Wound infections can occur several days after the surgery up until several weeks after the sutures are removed. Signs of infection include fever, pain, swelling, weeping, or drainage. Call the office if there are any concerns.

There will be a scar after surgery. This will decrease as the healing process progresses, but redness can occur for as long as 6-12 months. Everyone heals differently and the final scar appearance depends on the individual's ability to heal. In other words, some scars heal and can hardly be seen while others can heal thick or keloidal. Because of the unpredictability in wound healing, the final appearance cannot be preoperatively ascertained; therefore, no guarantees can be implied or states as the final appearance of the scar.



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SKIN CANCER AND LASER
SURGERY CENTER

SURGERY DAY

Thank you for choosing Newburgh Dermatology and the Skin Cancer and Laser Surgery Center. We kindly ask that you read through the following items to prepare for your upcoming surgery.

First, your skin will be numbed, then your skin cancer is removed. The doctor will take one layer and send it off to Pathology. The doctor will check to make sure all skin cancer cells were removed. If it is not clear, they will continue to take layers and look at them under microscope until the cancer is fully removed. After all cancerous cells are removed, your wound will be closed by your surgeon. This process could take some time. Depending on how many layers you have to have taken, **you could be with us for 2-6 hours that day.** Please plan accordingly with other appointments and activities scheduled after surgery as you may be here for a while.

Call If:

- You have had a recent surgery or upcoming surgery and still have open wounds/drains in place, as your surgery may need to be rescheduled. If you have had a joint replacement in the past 2 years, please call your joint doctor to see if you need an antibiotic beforehand.
- If you have an infection/open wound of any type, please call the office to make sure it is okay to proceed with surgery.

Please:

- Eat before you come and bring a snack (especially if you are diabetic). We provide some drinks and snacks.
- Unless you are told otherwise, do not stop taking your regular medications, including your blood thinners.

Bring:

- A driver if we are working near your eye.
- A jacket if you tend to get cold – sometimes our offices are chilly
- Medication List (with name, dosage and how often) and Allergy List with reaction to that specific allergen.

Expectation After Surgery

- Take it easy for the first 3-5 days so the surgery site does not start bleeding again. Limit activities. No heavy lifting, stooping, bending, or anything that could elevate your heart rate. This could cause bleeding to occur. That includes, but is not limited to, a strenuous job, push mowing/weed eating/gardening, playing golf, workouts/running, etc.
- The surgery site cannot get wet for the first full week following your procedure. In some cases, we are able to put a waterproof dressing on, but most of the time we cannot. Take a shower the night before. If it's on your head/face, you won't be able to wash your hair/face except for a washcloth.
- No swimming for 2 full weeks – if you have a vacation planned, please rethink having your procedure done right before.

Surgery Wound Care

- After your surgery, you will receive a detailed set of instructions for how to properly care for the surgical site. This information can also be found on our website (www.ourfamilyderm.com).
- We have SKNV ointment for purchase at our office. This is an antibiotic pain-relieving ointment.

Please call with any questions/concerns at 1-812-271-4350



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